



**CAMPUS ADVOCACY,
RESOURCES & EDUCATION**

Confidential Support for Survivors & Education
on Healthy Relationships and Consent

about

CARE seeks to unite, inspire and cultivate a community culture of care by providing direct advocacy, resources and prevention educational programming related to issues of sexual assault, relationship violence and stalking to students, staff, faculty and UCR affiliates.

ADVOCACY



Direct support
to survivors

PREVENTION



Programming to
prevent sexual and
relationship violence

HEALING & EMPOWERMENT



Programs to explore
alternative forms of
healing for survivors

advocacy



The CARE Advocates provide a supportive and confidential space for UCR students, staff and faculty who are impacted by sexual assault, relationship violence and stalking.

You can get assistance from Advocates without formally reporting an assault. CARE advocates can provide information on:

- Survivors' rights
- On- and off-campus reporting options
- Academic accommodations
- Safety planning
- Changes in working situations
- Housing accommodations
- How to help a friend
- UCR conduct systems and criminal justice system
- Emergency protective orders, restraining orders, and on-campus no contact orders

prevention



The CARE office provides a wide range of educational programs for students, staff and faculty to end sexual violence. Topics include supporting a survivor, bystander intervention, healthy relationships, consent culture, trauma-informed care, and so much more.



CARE wouldn't be able to do this great work with our peer educators. To get involved with one of our peer education groups, click "Get Involved" on our website.

empowerment & healing




CARE recognizes that healing from sexual and relationship violence isn't limited to one modality or program.

The Empowerment & Healing Series are programs that offer survivors opportunities to explore ways of healing, safety and support and create a safe space to process, learn coping skills, and connect survivors to a community across campus. CARE helps develop, co-sponsor and promote campus programs that can provide survivors opportunities to explore ways of healing, safety and support.

-  HEALING THROUGH R'GARDEN
-  HEALING THROUGH ART
-  TRAUMA-INFORMED YOGA
-  PERSONAL SAFETY
-  COUNSELING & GROUP THERAPY
-  MINDFULNESS

contact us

To schedule an appointment with an advocate, attend our events, or collaborate on a program, connect with us below!

 951-827-6225

 HUB 377

 care.ucr.edu

 advocate@ucr.edu

 [@ucrcare](https://www.instagram.com/ucrcare)



CARE is a part of Health, Well-being, and Safety at UCR. Our division is dedicated to listening, supporting, and providing UC Riverside students with helpful resources and services for your overall safety and well-being. Learn more at studentwellness.ucr.edu